

# Rise and Thrive in the 90805

March 21, 2026 | 10AM – 2PM

**Deforest Park**

6255 Deforest Ave  
Long Beach, CA 90805



**ART WORKSHOPS**



**YOUTH DANCE &  
PERFORMANCES**



**MUSIC**



**FAMILY WELLNESS &  
CONFLICT RESOLUTION**

**GIVEAWAY**

**PRIZES, FOOD & FUN!**



*A Day of Healing, Creativity & Community*